

OMH Journey to Parenthood

Sibling Preparation

Saturday Mornings, 10 – 11:30am



Our sibling preparation class is designed for children ages 2 to 10 years. Children will explore life with a new baby using hospital play, bathing, diapering, art, story and video.

A tour of the OMH Birthing Center is included.

April 21 • August 18 • November 10

\$10 per child; up to \$20 per family

Call (989) 731-2111 for more information or to register.

Your Champion for Better Health.
Visit us online at MyOMH.org

